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The impact of short chain fatty acids on GLP-1 and PYY secretion from the isolated perfused rat colon

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34 **Abstract**

35 The colonic epithelium harbors a large number of endocrine cells, but little is known about the endocrine
36 functions of the colon. However, the high density of GLP-1 and PYY secreting L-cells is of great interest
37 because of the potential anti-diabetic and anti-obesity effects of GLP-1 and PYY. Short chain fatty acids
38 (SCFAs) produced by local bacterial fermentation are suggested to activate the colonic free fatty acid
39 receptors FFAR2 (GPR43) and FFAR3 (GPR41), stimulating the colonic L-cells. We used the isolated perfused
40 rat colon as a model of colonic endocrine secretion and studied the effects of the predominant SCFAs
41 formed: acetate, propionate and butyrate. We show that luminal and especially vascular infusion of acetate
42 and butyrate significantly increases colonic GLP-1 secretion, and to a minor extent also PYY secretion, but
43 only after enhancement of intracellular cAMP. Propionate neither affected GLP-1 nor PYY secretion
44 whether administered luminally or vascularly. A FFAR2 and FFAR3 specific agonist (CFMB/AR420626) had
45 no effect on colonic GLP-1 output, and a FFAR3 antagonist (AR399519) did not decrease the SCFA-induced
46 GLP-1 response. However, the voltage-gated Ca^{2+} -channel blocker nifedipine, the K_{ATP} -channel opener
47 diazoxide and the ATP synthesis inhibitor 2,4-dinitrophenol completely abolished the responses. FFAR2
48 receptor studies confirmed low-potent partial agonism of acetate, propionate and butyrate, compared to
49 CFMB which is a full agonist with around 750-fold higher potency than the SCFAs. In conclusion, SCFAs may
50 increase colonic GLP-1/PYY secretion, but FFAR2/FFAR3 do not seem to be involved. Rather, SCFAs are
51 metabolized and appear to function as a colonocyte energy source.

52

53 **New & Noteworthy**

54 By the use of *in situ* isolated perfused rat colon we show that SCFAs primarily are used as a colonocyte
55 energy source in the rat, subsequently triggering GLP-1 secretion *independent* of FFAR2 and FFAR3.
56 Opposite many previous studies on SCFAs, FFAR2/FFAR3 and GLP-1 secretion, this experimental model
57 allows investigation of the physiological interactions between luminal nutrients and secretion from cells
58 whose function depend critically on their blood supply as well as nerve and paracrine interactions.

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65 Introduction

66 The colon serves to store and transport indigestible material, to absorb water and salt from the ileal chyme,
67 and is also home for fermentation processes converting undigested and malabsorbed substances into
68 absorbable moieties such as short chain fatty acids (SCFAs) (4, 28). However, the colonic mucosa also
69 harbors a large number of enteroendocrine cells, the density of which increases towards the distal part of
70 the gut (20, 23, 63). Very little is known about the endocrine secretion from the colon and about its
71 endocrine functions in general, but the high abundance of the glucagon like peptide-1 (GLP-1) and peptide-
72 YY (PYY) secreting L-cells has attracted considerable interest because of the potential anti-diabetic and anti-
73 obesity effects of GLP-1 and PYY (30). In fact, analogs of GLP-1 are now widely used in the treatment of
74 type 2 diabetes (T2D) (1, 19).

75 In 1995 Deacon et al. demonstrated that the human colon produces biologically active GLP-1 (7-36_{NH2}) in
76 amounts that are large enough to have physiological importance (17). However, the best characterized
77 stimulants for GLP-1 secretion *in vivo* are nutrients including glucose, amino acids and long chain fatty
78 acids, which are absorbed in the proximal small intestine and do not reach the distal colonic L-cells (22, 38,
79 53, 60). Accordingly, colectomized individuals have normal GLP-1 meal responses (51). Interestingly,
80 however, L-cell secretion has been found to be increased in individuals with short-bowel syndrome but
81 preserved colon (31). The latter suggests that the colonic cells are able to produce a significant amount of
82 proglucagon-derived peptides, including GLP-1, which may reach the general circulation. The potential
83 importance of this may be illustrated by patients undergoing gastric bypass surgery, who exhibit markedly
84 increased postprandial secretion of GLP-1 and PYY, which seems to be involved in the diabetes remission
85 and at least part of the weight loss resulting from the operation (29). Stimulation of the endogenous
86 secretion of these hormones may therefore have important therapeutic potential, but to accomplish this
87 goal, a better understanding of the mechanisms that regulate their secretion from the colon is necessary.

88
89 Recently, changes in the gut microbiota have been linked to a variety of disorders such as T2D and obesity.
90 It is not clear exactly how the microbiota influences host metabolism, but a proposed mechanism involves
91 the generation of SCFAs (11, 28). The amount of SCFAs ingested with foods is minor, but a considerable
92 production of SCFAs takes place in the distal gut as a result of bacterial fermentation of non-absorbed
93 carbohydrate, often in the form of dietary fibers that resist digestion and absorption in the small intestine
94 (15, 16). The primary SCFAs (>95%) generated from intestinal fermentation are acetate (C2), propionate
95 (C3), and butyrate (C4), some of which may be absorbed and delivered to the systemic circulation (15, 32,
96 42). Circulating plasma levels of SCFAs are in the lower micromolar range, whereas luminal concentrations
97 of SCFAs in the colon may reach 100 mM (5, 18, 57, 69).

98 SCFAs have been proposed as an energy source, as enhancer of intestinal growth and as signal molecules in
99 colonic motility (12) and ion transport (33, 36). Moreover, they are hypothesized to constitute the link
100 between the gut microbiota and distal L-cell activity, as certain cell studies have reported increased
101 secretion of GLP-1 and/or PYY upon SCFA administration (7, 26, 41, 48, 58, 68, 70). The mechanism by
102 which acetate, propionate and butyrate exert their actions is believed to involve GPCRs, namely FFAR2
103 (GPR43) and FFAR3 (GPR41) (8, 40). Both FFAR2 and FFAR3 are reported to be expressed on L-cells in the
104 colon, whereas expression in the small intestine is more debated (33, 48, 68). FFAR3 is found to signal
105 exclusively through the $G\alpha_i$ -coupled pathway, which typically is linked to suppression of gut hormone
106 secretion. FFAR2 is likewise $G\alpha_i$ -coupled, but may also activate $G\alpha_q$ -signaling (8, 59, 68), making FFAR2 a
107 more likely candidate for stimulating L-cell secretion. Whether FFAR2 and FFAR3 reside on the basolateral
108 or apical membranes of the L-cells and whether they primarily detect luminal or vascular SCFAs remains to
109 be explored.

110

111 The aim of the current study was to investigate the presumed positive effects of SCFAs on colonic GLP-1
112 and PYY secretion, including an evaluation of FFAR2 and FFAR3 as possible significant targets for the
113 treatment of metabolic disorders. In order to do so, we used the isolated perfused rat colon as a model of
114 colonic endocrine secretion, because it maintains correct cell polarity and vascular integrity as opposed to
115 isolated cell cultures. Also, any observed effect can solely be allocated to the colon as the confounding
116 influence of the rest of the body, inherent in *in vivo* studies, is avoided by isolating the organ.

117

118 **Materials and Methods**

119 *Animals*

120 Handling of the donor animals was performed in accordance with international accepted guidelines and
121 with permission from the Danish Animal Experiments Inspectorate (license no. 2013-15-2934-00833). Male
122 Wistar rats (Janvier, Saint Berthevin Cedex, France) fed ad libitum and weighing between 250-300 g were
123 used as donors. Animals were housed two per cage under a 12:12 hour light-dark cycle. After
124 approximately one week of acclimatization they were used for experiments. The rats were anaesthetized
125 with a subcutaneous injection of Hypnorm/Midazolam (0.0158 mg fentanyl citrate + 0.5 mg fluanisone +
126 0.25 mg midazolam / 100 g) before surgery.

127 *Isolation of the colon*

128 After lack of reflexes was established, the operation was started by a midline incision exposing the
129 abdominal cavity. The colon was cut immediately after the cecum and again approximately 10 cm distal

130 from cecum (average length: 10.20±0.84 cm), so that the most distal colon and rectum were not included in
131 the preparation. Next, all vessels supplying the small intestine, the cecum and the spleen were ligated, thus
132 avoiding perfusion of these segments. The stomach was removed after ligating the esophagus and tying off
133 all blood supplies. Following removal of the stomach, the renal kidney stalks were ligated, and the celiac
134 artery partly perfusing the pancreas was ligated too. Tubing was inserted into the proximal colonic lumen
135 to establish a route for luminal stimulation, and the colonic contents were washed out by gentle flushing
136 with pre-warmed saline. The distal lumen was left open allowing contents to exit. Subsequently, aorta was
137 ligated proximally to the superior mesenteric artery and immediately afterwards a metal catheter (1.0 mm
138 diameter) was placed into the distal aorta and fixed with a ligature and vascular perfusion was started.
139 Next, a draining metal catheter (1.3 mm diameter) was placed into the vena portae. Finally, the rat was
140 euthanized and the colon kept artificially alive.

141 *Experimental protocol*

142 After isolation, the colon was perfused *in situ* at a constant vascular flow rate of 3 ml/min while saline was
143 continuously infused into the colonic lumen (0.05 ml/min). After a 30 min equilibrium period each protocol
144 started with a 10 min baseline period followed by addition of test substances. Vascularly administered test
145 substances were infused for 10 min at a flow rate of 0.15 ml/min, while luminally administered stimulations
146 were infused for 20 min. Luminal test substances were infused at an initial rate of 0.25 ml/min for the first
147 5 min (to replace the saline solution in the lumen) and then at 0.15 ml/min throughout the rest of the
148 stimulation period. Following luminal stimulations saline was luminally infused at 0.25 ml/min for 5 min to
149 remove test substances. The total venous effluent was collected for 1 min periods and stored at -20°C until
150 analysis. We used equipment dedicated for rodent organ perfusion (Hugo Sachs Elektronik, March-
151 Hugstetten, Germany). The perfusion buffer was a modified Krebs-Ringer bicarbonate buffer, containing in
152 addition 5% dextran T-70 (Pharmacosmos, Denmark, cat.no. 40014), 0.1% bovine serum albumin (Merck,
153 cat.no. 1.12018.0500), 3.5 mM glucose and 5 mM pyruvate, fumarate and glutamate. Perfusion buffer was
154 heated to 37°C and continuously gassed throughout the experiment with 95% O₂ and 5% CO₂ to achieve pH
155 7.4 and a high oxygen partial pressure. Respiration (calculated from the partial pressures of CO₂ of arterial
156 and venous perfusion buffer samples; CO₂ excretion: median=17.8 µl/g, IQR=8.5-23.6 µl/g), stable perfusion
157 pressure and vascular effluent flow rate were monitored throughout the experiments and used as an
158 indication of the organ's wellbeing.

159

160 *Test substances*

161 Bombesin (positive control, Bachem, cat.no. H-2155) was dissolved in dimethyl sulfoxide (DMSO, Sigma
162 Aldrich, cat.no. 67-68-5) and perfusion buffer and added to give a final perfusate concentration of 10 nM. 3-

163 Isobutyl-1-methylxanthine (IBMX, Sigma Aldrich, cat.no. I5879) was dissolved in DMSO and further diluted
164 in perfusion buffer resulting in a final perfusate concentration of 10 μ M. Stock solutions of acetate (Sigma
165 Aldrich, cat.no. 695092), propionate (Sigma Aldrich, cat.no. 81910) and butyrate (Sigma Aldrich, cat.no. B-
166 103500) were diluted in H₂O and the pH value was adjusted to 7.4 by addition of 5 M NaOH. For vascular
167 infusions (at 1 mM) the solutions were further diluted in perfusion buffer while they were further diluted in
168 saline when added to the lumen (100 mM). AR420626 and AR399519 (kind gifts from Thue Schwartz, NNF
169 CBMR, Department of Biomedical Sciences, University of Copenhagen, Denmark) and CFMB ((S)-2-(4-
170 chlorophenyl)-3,3-dimethyl-N-(5-phenylthiazol-2-yl)butamide, Merck Millipore, cat.no. 371725) were
171 dissolved in DMSO and diluted in perfusion buffer to reach final concentrations of 10 μ M. Nifedipine (Sigma
172 Aldrich, cat.no N7634), diazoxide (Sigma Aldrich, cat.no D9035) and 2,4-dinitrophenol (Sigma Aldrich,
173 cat.no D198501) were also dissolved in DMSO and diluted in perfusion buffer to final perfusate
174 concentrations of 10-250 μ M. Final concentrations of DMSO never exceeded 1% which did not influence
175 secretion when given alone (see below).

176 *Hormone analysis*

177 GLP-1 and PYY concentrations in the venous effluent were analyzed using radioimmunoassays (RIA). GLP-1
178 concentrations were determined using an in-house antiserum, codename 89390, which is specific for the C-
179 terminal part of amidated GLP-1 isoforms (7-36_{NH₂} and 9-36_{NH₂}) (50). We chose to measure amidated GLP-1
180 rather than glycine-extended GLP-1 as the amidated forms dominate in rats (37, 65). Synthetic GLP-1 7-
181 36_{NH₂} (Bachem, cat.no H-6795.0500) was used as standard and ¹²⁵I-labeled GLP-1 7-36_{NH₂} (a gift from Novo
182 Nordisk A/S, Bagsværd, Denmark) as tracer. Total PYY immunoreactivity was measured with a porcine
183 antiserum (Bachem, cat.no T-4093) using synthetic rat/porcine PYY (Bachem, cat.no H-6042) as standard
184 and ¹²⁵I-labeled porcine PYY (Perkin Elmer Life Sciences, cat.no NEX240) as tracer (65).

185

186 *Mass spectrometry*

187 For analysis of SCFAs we used the method of (27) with minor modifications. In brief, 40 μ L of the venous
188 effluent or perfusion buffer were mixed with 10 μ L 200 mM 3-nitrophenylhydrazine (3-NPH) in 50% ethanol
189 and 120 μ L N-(3-dimethylaminopropyl)-N'-ethylcarbodiimide (EDC) and 6% pyridine in 50% ethanol and
190 incubated at room temperature for 30 min while shaking. This and all subsequent procedures were run in
191 polypropylene plastic tubes or well plates in order to avoid SCFA contamination from glassware and several
192 other plastics. The mixtures were diluted to 1 ml with 10% ethanol and 100 μ L internal standard (IS) was
193 added. IS was prepared by derivatizing 50 μ L of a solution of 20 mM acetic acid, 10 mM propionic acid and
194 5 mM butyric acid and 1 mg ¹³C₆-3NPH hydrochloride in 50% ethanol with 25 μ L 120 mM EDC and 25 μ L 6%
195 pyridine in 50% ethanol and mixing at room temperature for 30 min. A dilution series of external standards

196 prepared of all three SCFAs from 10-1250 μ M and an assay blank (50% ethanol) were all treated as
197 described for the effluent samples. Samples, sample pools and all standards and assay blanks (all 10 μ L)
198 were injected in random order into a Waters (Milford, CA) Acquity UPLC coupled through an electrospray
199 interface to a triple quadrupole MS/MS system and concentrations determined using the vendor software
200 (Quanlynx). The BEH C18 1.7 μ m, 2.1 x 5 mm column was eluted at 40°C by a gradient going from 20%-
201 100% acetonitrile with 0.01% formic acid. All MS-MS transitions, dwell times and collision energies were as
202 described in (27). The CV% for pools (n=5) in the analytical batch was <10% and r^2 for the external standard
203 calibration curve was >0.99.

204

205 *Transfection and Tissue Culture*

206 COS-7 cells were cultured at 10% CO₂ and 37°C in Dulbecco's modified Eagle's medium 1885 supplemented
207 with 10% foetal bovine serum, 2 mM glutamine, 180 units/ml penicillin, and 45 g/ml streptomycin.
208 Transient transfection of COS-7 cells with human and rat FFAR2 for the IP₃ assays was performed using the
209 calcium phosphate precipitation method with the addition of chloroquine (35).

210

211 *IP₃ assay*

212 One day after transfection, COS-7 cells transiently expressing either human or rat FFAR2 (35,000 cells/well)
213 were incubated with *myo*-[³H]inositol (5 μ l/ml, 2 μ Ci/ml) in 0.1 ml of medium overnight in a 96-well plate.
214 The following day, cells were washed twice in PBS and incubated in 0.1 ml of Hanks' balanced salt solution
215 (Invitrogen) supplemented with 10 mM LiCl at 37°C in the presence of various concentrations of acetate,
216 propionate, butyrate, and FFAR2 agonist (CFMB) for 90 min. Assay medium was then removed, and cells
217 were extracted by the addition of 50 μ l of 10 mM formic acid to each well, followed by incubation on ice for
218 30–60 min. The [³H]inositol phosphates in the formic acid cell lysates were thereafter quantified by adding
219 yttrium silicate-poly-D-Lys-coated SPA beads (66). Briefly, 35 μ l of cell extract was mixed with 80 μ l of SPA
220 bead suspension in H₂O (12.5 μ g/ μ l) in a white 96-well plate. Plates were sealed and shaken on table shaker
221 for at least 30 min. SPA beads were allowed to settle and react with the extract for at least 8 hours before
222 radioactivity was determined using a Packard Top Count NXTTM scintillation counter (PerkinElmer Life
223 Sciences).

224

225 *Statistical analysis*

226 Hormone secretion was calculated as hormone output (effluent concentration x perfusion flow). Statistical
227 analysis of colonic hormone responses was performed by comparing mean basal outputs prior to infusion
228 with mean outputs during infusion (5 min periods for vascular stimulations, 10 min periods for luminal

stimulations, all starting 2 min after infusion start and also stated in the figure legends). For two identical consecutive responses, statistical analysis of hormone secretion was performed by comparing the mean output during the two responses using a paired t-test (except for figure 2B and 2D and except for the comparison of vascular vs. luminal responses where an unpaired t-test was used). All statistics were performed using GraphPad Prism 6. Values of $P < 0.05$ were considered significant and all data in the text and graphs are presented as mean \pm SEM.

Results

Acetate and butyrate, but not propionate, increase colonic GLP-1 and PYY secretion in the presence of IBMX
Vascular (1mM) or luminal (100mM) stimulation with acetate, propionate or butyrate had no impact on GLP-1 or PYY output from the perfused rat colon in the absence of the phosphodiesterase inhibitor IBMX, despite greatly enhanced secretion in response to intra-arterial stimulation with 10 nM of our positive control bombesin (figure 1). Supplementing the perfusion buffer with 10 μ M IBMX throughout the experiments led to a significant increase in GLP-1 responses to vascular acetate and butyrate administration and similar responses were obtained after repeated stimulation (figure 2A and E. P-values for repeated stimulation were GLP-1: acetate; $p=0.278$, butyrate; $p=0.199$, PYY: acetate; $p=0.517$, butyrate; $p=0.443$). PYY secretion was also significantly elevated upon both 1 mM acetate and butyrate administration, however, to a lesser extent than GLP-1 secretion (figure 2A and E). Luminal administration of 100 mM acetate led to a short-lasting peak in GLP-1 secretion whereas PYY secretion remained unaffected (figure 2B). Luminal infusion of 100 mM butyrate significantly increased GLP-1 and PYY secretion from the isolated perfused rat colon (figure 2F). Propionate had no impact on colonic GLP-1 or PYY secretion whether administered vascularly or luminally (figure 2C and D). In all experiments, intra-arterial administration of 10 nM bombesin was included as a positive control at the end, and did in each case result in a robust GLP-1 and PYY response (figure 2A-F).

Vascular co-administration of a cocktail solution of acetate and butyrate significantly increased GLP-1 and PYY secretion from the perfused rat colon (figure 3A). Moreover, co-administration of acetate/butyrate showed a dose-dependent GLP-1 and PYY response, as colonic GLP-1 output increased 1.74-fold and colonic PYY output increased 1.60-fold when comparing responses to 0.1 mM with responses to 1 mM (figure 3A). In addition, co-administration had an additive effect on the colonic GLP-1 response compared to infusion of acetate or butyrate alone (figure 3B). PYY output was, however, not significantly changed when compared to a single SCFA infusion (figure 3B). Furthermore, colonic GLP-1 and PYY output increased upon luminal infusion of 100 mM acetate/butyrate (figure 3C). However, the response to luminal co-administration of acetate/butyrate seemed fairly similar to luminal butyrate infusion alone, in accordance with data showing

262 that luminal acetate alone only has minor impact on colonic hormone secretion (figure 3D). Comparing the
263 mean output during vascular infused acetate/butyrate (1 mM) to the mean output during luminal
264 acetate/butyrate (100 mM) infusion demonstrated that vascular stimulation resulted in a significantly
265 higher GLP-1 response compared to the response induced by luminal stimulation (vascular: 67.6 ± 7.3
266 fmol/min vs. luminal: 37.0 ± 2.9 fmol/min, $p=0.0097$). PYY responses to vascular and luminal
267 acetate/butyrate administration were not significantly different (vascular: 28.9 ± 2.9 fmol/min vs. luminal:
268 26.7 ± 2.5 fmol/min, $p=0.755$).

269 We also measured absorption of acetate, propionate and butyrate to the vascular circulation after luminal
270 infusion (figure 4). The concentrations reached in the venous effluent were comparable to those applied
271 vascularly (~ 1 mM). However, also prestimulatory vascular acetate levels were high; this turned out to be
272 due to presence of acetate in our perfusion buffer (perfusion buffer content: acetate; $909 \mu\text{M}$, propionate;
273 $73 \mu\text{M}$, butyrate; below detection limit ($65 \mu\text{M}$)).

274 *FFAR2 and FFAR3 activation have no impact on GLP-1 secretion, while a FFAR3 agonist increases PYY*
275 *release from the perfused rat colon*

276 Next, we investigated the importance of the GPCRs, free fatty acid receptor-2 and -3 (FFAR2 and FFAR3),
277 for the SCFA-induced colonic GLP-1 and PYY response. $10 \mu\text{M}$ FFAR2 specific agonist, CFMB, had no
278 significant impact on GLP-1 and PYY output from the perfused rat colon, possibly indicating that FFAR2 is
279 not necessarily involved in colonic hormone secretion (figure 5A). The FFAR3 specific agonist, AR420626,
280 did not change colonic GLP-1 output, but $10 \mu\text{M}$ AR420626 significantly elevated PYY secretion (figure 5C).
281 However, a FFAR3 specific antagonist, AR399519, did not decrease the GLP-1 or the PYY response induced
282 by a cocktail infusion of 1 mM acetate and butyrate, suggesting that the acetate/butyrate mediated
283 hormone response is independent of FFAR3 signaling (figure 5D). Control experiments evaluating the
284 impact of intra-arterial DMSO administration (1% solution similar to the amount of DMSO used to dissolve
285 test substances), revealed that DMSO alone had no impact on GLP-1 or PYY output from the perfused rat
286 colon (GLP-1; 17.1 ± 0.6 to 19.8 ± 1.2 fmol/min, PYY; 15.9 ± 1.2 to 16.8 ± 0.6 fmol/min, $n=2$, data not shown).

287 The FFAR3 specific agonist and antagonist have previously been shown to selectively activate and inhibit
288 the $G\alpha_i$ -coupling of FFAR3 (21). FFAR2 couples to $G\alpha_i$ as well as to $G\alpha_q$, and to our knowledge the FFAR2
289 specific agonist CFMB and the SCFAs have not been tested in terms of their abilities to induce FFAR2-
290 mediated $G\alpha_q$ activity. An IP₃ assay was therefore conducted on transiently transfected COS-7 cells
291 expressing either human or rat FFAR2. Data showed low-potent, weak partial agonism of acetate,
292 propionate, and butyrate on both human and rat FFAR2. For the human FFAR2 the EC₅₀ and E_{max} values
293 were 0.5 mM and 64%, 0.3 mM and 69%, and 0.5 mM and 42% for acetate, propionate and butyrate,
294 respectively, compared to CFMB (figure 5B and table 1). For rat FFAR2 the EC₅₀ value was 0.17 mM for all

three SCFAs, however, their E_{\max} values ranged from 81%, 93% and 57% for acetate, propionate and butyrate, respectively, compared to CFMB (figure 5B and table 1). CFMB on the other hand appeared to be a stronger agonist both on human and rat FFAR2 with an approximately 350-600-fold better potency than the SCFAs on the human FFAR2 and a 750-fold better potency than the SCFAs on the rat FFAR2 (EC_{50} of 0.8 and 0.2 μ M on human and rat FFAR2, respectively) (figure 5B and table 1). This is consistent with the potency of CFMB identified in $G\alpha_i$ -mediated FFAR2 activity (21), demonstrating that lack of colonic hormone response to CFMB was not due to lack of activation of FFAR2 if present.

SCFAs stimulate colonic GLP-1 and PYY secretion through depolarization and Ca^{2+} -influx

Finally, we investigated the role of the voltage-gated Ca^{2+} -channel blocker nifedipine, the K_{ATP} -channel opener diazoxide and the ATP synthesis inhibitor 2,4-dinitrophenol for the SCFA-induced colonic GLP-1 and PYY response. Blockage of voltage-gated Ca^{2+} -channels (by 10 μ M nifedipine) significantly reduced the GLP-1 and PYY responses, suggesting that Ca^{2+} -influx resulting from depolarization is involved in the SCFA-mediated hormone secretion (figure 6A and B). The importance of depolarization was validated by administration of 250 μ M diazoxide, which completely abolished the SCFA-induced GLP-1 and PYY response as well as basal hormone secretion (figure 6C and D). Furthermore, inhibiting intracellular ATP synthesis by 10 μ M 2,4-dinitrophenol also prevented acetate/butyrate mediated GLP-1 and PYY secretion (figure 6E and F) while responses to bombesin were unaffected by preceding 2,4-dinitrophenol.

Discussion

Following the therapeutic success of incretin-based anti-diabetic drugs, research has focused on the L-cell asking whether it would be possible and beneficial to stimulate the endogenous release of GLP-1 *in vivo*. Moreover, the dramatic increases in GLP-1 and PYY secretion seen after bariatric surgery seem to arise from distal sources, potentially involving colonic L-cells (29, 43). Understanding the mechanisms underlying GLP-1 release is essential for further progress. *In vivo*, L-cells are integrated within the epithelial cell layer and are therefore differentially exposed to luminal and plasma constituents at their apical and basolateral membrane surfaces (9). This environment almost certainly impacts L-cell function, but is impossible to reestablish in single cell studies. However, in the present study we made use of a robust procedure for isolation and perfusion of the rat colon, allowing physiologically relevant studies of the dynamics of colonic endocrine secretion. In combination with single cells, where *direct* effects on the L-cell can be demonstrated the full picture may then be assembled. As already alluded to, it is unclear to what extent the colon contributes to postprandial circulating GLP-1 and which stimuli are the most appropriate for colonic secretion. Also, the mechanisms underlying colonic GLP-1 and PYY release are incompletely understood. In the small intestine, GLP-1/PYY secretion depends on absorption and/or signaling properties

328 of digested nutrients (22, 38). However, since only limited amounts of digestible nutrients normally reach
329 the colon, other stimuli for GLP-1 secretion, like SCFAs, might be involved.

330 First of all, our study demonstrated that the introduction of SCFAs had no effect on secretion from the rat
331 colon unless the tissue was primed with a phosphodiesterase inhibitor (IBMX). This suggests that the SCFA
332 signal is weak and needs interaction and probably potentiation with a cyclic nucleotide mechanism, most
333 likely involving cAMP formation, which is known from studies of single colonic L-cells to provide a powerful
334 stimulus to GLP-1 secretion (60, 68). Interestingly, unlike acetate and butyrate, propionate was without
335 effect, comparable with previous work on perfused rat colon (55, 56). Secondly, our study demonstrated
336 that vascular acetate and butyrate were stronger stimuli for GLP-1 secretion than luminal stimulation.
337 Normally, circulating plasma levels of SCFAs are found in the lower micromolar range (acetate may reach
338 200 μ M) (18, 57, 69), so the vascularly applied concentrations used in this study may be considered rather
339 high. However, local concentrations of SCFA at the basolateral L-cell membrane in the colon may be
340 significantly higher than circulating levels, considering that the absorbed SCFAs must reach a high
341 concentration in the interstitial space before they enter and mix into the total vascular outflow from the
342 gut. Among SCFAs, acetate is the one that reaches the highest concentrations both luminally and vascularly
343 (44, 69), while butyrate appears to be the SCFA with lowest concentration in the general circulation,
344 perhaps because butyrate is a preferred metabolic substrate of the colonocytes (5, 39, 57, 61). The lack of
345 impact by both vascularly and luminally administered propionate was rather surprising, since we had no
346 prior evidence to suggest that propionate would act differently from acetate and butyrate. Here we show
347 that acetate, propionate and butyrate all cross the epithelial cell layer in the colon as indicated by the clear
348 and relevant increases in vascular SCFA concentration upon luminal SCFA administration. Undissociated
349 SCFAs may be absorbed by passive diffusion, while dissociated SCFAs (the primary form in the colonic
350 lumen and in the present experiments) are absorbed by transporters present in the apical membrane (18).
351 Acetate measurements revealed that our perfusion buffer, and therefore also baseline samples, contained
352 a rather high amount of acetate, which appears to be a common problem derived from the numerous
353 contacts with various glass utensils that are used in modern laboratories. This means that the basal colonic
354 GLP-1 and PYY secretion is under a constant influence of acetate stimulation in our model, and that
355 vascular acetate administration (1 mM) actually results in an increase in effluent acetate concentration
356 from around 1 mM to 2 mM instead of 0 to 1 mM. Nevertheless, the applied dose did lead to an increased
357 GLP-1 and PYY response, demonstrating that acetate is capable of influencing colonic endocrine secretion,
358 but indicating that the acetate mediated hormone response observed from the perfused rat colon may
359 have been greater if no acetate was already present.

360 The linking of GLP-1 release to FFAR3 stimulation has raised some interesting physiological questions as
361 FFAR3 is found to signal exclusively through the $G\alpha_i$ -pathway (8), which traditionally is linked to suppressed
362 secretion (59). FFAR2 is likewise $G\alpha_i$ -coupled, but also couples to $G\alpha_q$ -signaling, activating phospholipase C
363 and thereby triggering IP_3 mediated Ca^{2+} release and secretion of peptide hormones. Therefore, FFAR2
364 activation is suggested to dominate over any FFAR3 signaling induced by SCFAs with regards to increased
365 hormone release (6, 8, 68). Nevertheless, we observed increased secretion of PYY when the rat colon was
366 vascularily stimulated with the FFAR3 specific agonist, AR420626, supporting that FFAR3 is expressed in the
367 murine colon (48, 68), but only adding to the confusion regarding the stimulation mechanism. GLP-1
368 secretion, however, was not affected by AR420626 suggesting that different signaling pathways may be
369 responsible for colonic GLP-1 and PYY secretion and/or that the peptides are not co-secreted but arise from
370 different L-cells with different expression profiles as also suggested previously for small intestinal L-cells
371 (65). Moreover, Nøhr et al. showed enhanced GLP-1 secretion (PYY not measured) from murine colonic
372 crypt cultures in response to the same selective FFAR2 ($G\alpha_i/G\alpha_q$) and FFAR3 ($G\alpha_i$) agonists applied in our
373 study (48). Similarly, Park et al. found increased GLP-1 secretion from human NCH-H716 cells in response to
374 a selective inverse agonist for FFAR2 (BTI-A-404), while 10 mM propionate had no effect (52). A third FFAR2
375 ligand, AZ1729, was without effect on GLP-1 secretion from mouse colonic crypts, though it was found to
376 be a potent activator of FFAR2 $G\alpha_i$ -signaling (6). In the isolated perfused rat colon, however, the FFAR2
377 selective agonist and the FFAR3 selective antagonist had no impact on colonic hormone output. This was
378 observed despite the FFAR3 antagonist, AR399519, previously has been demonstrated to selectively inhibit
379 FFAR3 in stably transfected HEK293 cells (21). We tested both human and rat FFAR2, and found that the
380 FFAR2 specific ligand, CFMB, is a full agonist to human as well as rat FFAR2. Hence, the negative results
381 here seem to exclude an important action of FFAR2 on L-cell secretion in the rat colon. In our lab we have
382 studied the effects of both the FFAR2 and the FFAR3 selective agonists using the isolated perfused mouse
383 pancreas, and both showed significant potentiation of somatostatin secretion (Ørgaard et al., unpublished),
384 demonstrating that the compounds are compatible with our experimental approach. Together, the data
385 confirm that the ligands applied were administered in an active form and that missing impact on colonic
386 hormone release was not due to trivial technical problems. Furthermore, in the receptor studies, SCFAs as
387 well as CFMB activated FFAR2-mediated $G\alpha_q$ activity; however, acetate, propionate and butyrate all
388 showed low-potent, partial weak agonism towards human as well as rat FFAR2, indicating that the possible
389 interaction of SCFAs with FFAR2 is not physiologically relevant. Among the SCFAs, propionate was found to
390 be the most potent ligand on rat FFAR2, but as already mentioned propionate was found to have no effect
391 on colonic endocrine secretion. Thus, our data suggest that neither FFAR2 nor FFAR3 are necessarily
392 involved in the enhanced colonic hormone secretion mediated by SCFAs in the rat. Other, less investigated,

393 receptor candidates for SCFAs include the rat olfactory receptor Olr59 (mouse ortholog Olfr78, human
394 ortholog OR51E2) which is shown to induce $G\alpha_s$ -mediated cAMP accumulation upon activation (45). The
395 receptor is widely expressed in the sensory neurons, while Olfr78/GLP-1 co-expression is found to be very
396 limited (16%) (24). GPR109A represents yet another possible SCFA target, and seems to be involved in
397 regulation of inflammation (14). The receptor is activated by high concentrations of butyrate (1 mM), but
398 not by acetate and propionate (2, 34). Moreover, activation of GPR109A induces $G\alpha_i$ -mediated intracellular
399 cAMP inhibition (2, 64). Olr59 and GPR109A activation are therefore unlikely to explain the results of the
400 present study.

401
402 Studies on L-cell secretion have mainly focused on nutrient-induced small intestinal hormone release.
403 Glucose is the most extensively studied secretagogue and consensus seems to be that uptake initiates
404 membrane depolarization, and perhaps closure of ATP-sensitive K^+ channels, which cause a rise in
405 intracellular Ca^{2+} , triggering the Ca^{2+} -dependent exocytosis of GLP-1 containing vesicles (3, 38, 53, 60).
406 Opening of voltage-gated Ca^{2+} -channels seems also to be involved in the SCFA-mediated GLP-1 and PYY
407 response, as inhibition of these channels by nifedipine administration completely blocked the responses.
408 The K_{ATP} -channel opener diazoxide causes hyperpolarization of the L-cells as opening of these channels
409 leads to further efflux of K^+ . When co-infused with the acetate and butyrate cocktail, diazoxide caused
410 complete attenuation of the colonic hormone response to these SCFAs, and also inhibited the basal
411 secretion, indicating that the actual membrane potential and the ion currents behind it are essential for the
412 colonic hormone secretion. Moreover, SCFA-induced GLP-1 and PYY secretion were lost by blockage of ATP
413 synthesis by 2,4-dinitrophenol indicating that SCFAs may be metabolized by the colonic cells and act via
414 stimulation of ATP production and possibly actions on the K_{ATP} -channels (either in the L-cell or in a putative
415 stimulating neighbour cell) as suggested above. Interestingly, the secretory response to the $G\alpha_q$ -activator
416 bombesin (our positive control), which stimulates GLP-1 secretion by phospholipase C activation and
417 mobilization of intracellular Ca^{2+} , rather than by depolarization, was not affected by the prior 2,4-
418 dinitrophenol infusion, supporting that this additional mechanism for colonic hormone secretion remained
419 unaffected by the acute ATP-depletion. Taken together, data lead us to suggest that acetate and butyrate
420 are taken up by the L-cells followed by intracellular metabolism, which impacts the ATP/ADP ratio and
421 causes L-cell membrane depolarization leading to GLP-1 and PYY secretion by activation of voltage-gated
422 Ca^{2+} -channels and uptake of extracellular Ca^{2+} . This would be consistent with the inability of propionate to
423 stimulate secretion since this 3-carbon molecule is poorly metabolized in the peripheral tissues of most
424 mammals (13, 61).

425

Through secretion of GLP-1 and PYY, SCFAs may indirectly affect host metabolism by increasing satiety and decreasing gastric emptying and gut motility (25, 47). Additionally, SCFA-mediated GLP-1 secretion may exert a beneficial effect on glucose metabolism by potentiating glucose-stimulated insulin secretion from pancreatic beta-cells (46). The most important observations regarding the relationship between SCFAs and L-cell secretion derive from studies of the ultimate model: the living human being. However, the mechanistic approach applied in our study is not possible in humans, and therefore we find the perfused rat colon the best model for our study, though caution obviously is needed when translating findings to humans. Currently, evidence regarding an influence of SCFAs on hormone secretion in humans is rather sparse, but SCFAs have been reported to affect PYY, but not GLP-1, secretion when rectally infused into the human colonic lumen (10, 70). In contrast, colonic SCFA administration to healthy humans has been found to have no effect on plasma PYY or GLP-1 although H₂ in exhaled air (signal of colonic fermentation) increased (62). This is again contrasted by a study where colonic fermentation, stimulated by one week's fructo-oligosaccharide intake, increased plasma GLP-1, but not PYY, in patients with gastroesophageal reflux disease (54). Short bowel patients with intact colon show increased fasting plasma GLP-1 and PYY levels (31) as well as increased responses to an oral carbohydrate intake (49), indicating that the endocrine secretion from the colon may be of physiological importance. A relationship between high fibre intake and satiety has been found in other human studies (16), but whether this is a direct effect of SCFA production and GLP-1 secretion is not known. Taken together, SCFAs may be able to impact PYY and/or GLP-1 secretion in humans, but due to the complex nature of clinical studies and conflicting results, more research is needed in order clarify the role of SCFAs. Since L-cells are numerous in the colon and the colon is able to produce active GLP-1 (17, 23, 63), the endocrine colon has the potential to influence our overall metabolic status. Normally, however, the effects of GLP-1 derived from the colon may largely be local such as delaying transit time as seen in the small intestine (67). This could also be a result of large amounts of SCFAs generated from bacterial fermentation. However, looking at the present study, data suggest that in the rat acetate and butyrate are primarily used as a colonocyte energy source, being metabolized intracellularly to ATP. This may subsequently lead to L-cell depolarization activating voltage-gated Ca²⁺-channels and triggering the Ca²⁺-dependent exocytosis of peptide containing vesicles, all of it independent of FFAR2 and FFAR3. Further studies are required to understand endocrine functions and the therapeutic potential of the colonic endocrine cells.

455

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Figure legends

Figure 1: GLP-1 and PYY secretion (fmol/min) from the isolated perfused rat colon in the absence of the phosphodiesterase inhibitor (IBMX), mean±SEM, n=4 in each group. A) 1 mM vascular acetate infusion (GLP-1: acetate 1st; p=0.661, acetate 2nd; p=0.643, PYY: acetate 1st; p=0.391, acetate 2nd; p=0.278). B) 100 mM luminal acetate infusion (GLP-1: p=0.898, PYY: p=0.078). C) 1 mM vascular propionate infusion (GLP-1: propionate 1st; p=0.402, propionate 2nd; p=0.324, PYY: propionate 1st; p=0.592, propionate 2nd; p=0.674). D) 100 mM luminal propionate infusion (GLP-1: p=0.406, PYY: p=0.260). E) 1 mM vascular butyrate infusion (GLP-1: butyrate 1st; p=0.443, butyrate 2nd; p=0.072, PYY: butyrate 1st; p=0.092, butyrate 2nd; p=0.237). F) 100 mM luminal butyrate infusion (GLP-1: p=0.249, PYY: p=0.540). A-F) 10 nM bombesin (vascularly) was included at the end of each experiment as a positive control.

Figure 2: GLP-1 and PYY secretion from the isolated perfused rat colon in the presence of 10 µM IBMX (fmol/min and baseline subtracted total output during 5 min (1st: min 12-16, 2nd: min 42-46) vascular (A,C,E) and 10 min (min 12-21) luminal (B,D,F) infusion), mean±SEM, n=6 in each group. * indicates significant increase from baseline (*p<0.05). A) 1 mM vascular acetate infusion (GLP-1: acetate 1st; p=0.045, acetate 2nd; p=0.029, PYY: acetate 1st; p=0.029, acetate 2nd; p=0.023). B) 100 mM luminal acetate infusion (GLP-1: p=0.021, PYY: p=0.951). C) 1 mM vascular propionate infusion (GLP-1: propionate 1st; p=0.968, propionate 2nd; p=0.444, PYY: propionate 1st; p=0.067, propionate 2nd; p=0.611). D) 100 mM luminal propionate infusion (GLP-1: p=0.468, PYY: p=0.328). E) 1 mM vascular butyrate infusion (GLP-1: butyrate 1st; p=0.049, butyrate 2nd; p=0.047, PYY: butyrate 1st; p=0.027, butyrate 2nd; p=0.022). F) 100 mM luminal butyrate infusion (GLP-1: p=0.012, PYY: p=0.002). A-F) 10 nM bombesin (vascularly) was included at the end of each experiment as a positive control.

Figure 3: GLP-1 and PYY secretion from the isolated perfused rat colon in the presence of IBMX, mean±SEM, n=6 in each group. * indicates significant increase from baseline (*p<0.05, **p<0.01, ***p<0.001) and Δ indicates significant difference between response values (Δp<0.05). A) Vascular infusion of a cocktail of 0.1 mM and 1 mM acetate/butyrate solution (fmol/min) (GLP-1: 0.1 mM cocktail; p=0.003, 1

687 mM cocktail; $p=0.0005$, PYY: 0.1 mM cocktail; $p=0.003$, 1 mM cocktail; $p=0.005$). C) Luminal infusion of 100
688 mM acetate/butyrate solution (fmol/min) (GLP-1: $p=0.048$, PYY: $p=0.048$). B) Baseline subtracted total GLP-
689 1 and PYY output during 5 min (1st: min 12-16, 2nd: min 42-46) vascular infusions. Grey bars arise from figure
690 2 (GLP-1: from acetate alone 39.6 ± 3.9 to cocktail 67.6 ± 7.3 fmol/min; $p=0.023$, from butyrate alone
691 40.2 ± 4.8 to cocktail 67.6 ± 7.3 fmol/min; $p=0.057$, PYY: from acetate alone 25.0 ± 1.7 to cocktail 28.9 ± 2.9
692 fmol/min; $p=0.413$, from butyrate alone 24.4 ± 2.1 to cocktail 28.9 ± 2.9 fmol/min, $p=0.408$). D) Baseline
693 subtracted total GLP-1 and PYY output during 10 min (min 12-21) luminal infusions. Grey bars arise from
694 figure 2 (GLP-1: from acetate alone 22.5 ± 1.0 to cocktail 34.0 ± 2.5 fmol/min; $p=0.008$, from butyrate alone
695 33.6 ± 1.9 to cocktail 34.0 ± 2.5 fmol/min, $p=0.850$, PYY: from acetate alone 9.2 ± 0.7 to cocktail 27.4 ± 2.5
696 fmol/min; $p=0.014$, from butyrate alone 14.3 ± 0.5 to cocktail 27.4 ± 2.5 fmol/min, $p=0.055$). A/C) 10 nM
697 bombesin was included at the end of each experiment as a positive control.

698

699 Figure 4: Measurements of acetate, propionate and butyrate in the effluent perfusion samples before and
700 after SCFA administration (100 mM) to the lumen of the isolated perfused rat colon, mean \pm SEM, n=3-6 in
701 each group. Ace: acetate, But: butyrate, Pro: propionate.

702

703 Figure 5: GLP-1 and PYY secretion from the isolated perfused rat colon in the presence of IBMX (fmol/min
704 and baseline subtracted total output during 5 min (A: min 12-16, C: min 16-20, D: 1st; min 12-16, 2nd; min
705 52-56) vascular infusion), mean \pm SEM, n=6 in each group. * indicates significant increase from baseline
706 (* $p<0.05$, ** $p<0.01$). A) Vascular infusion of 10 μ M FFAR2 agonist (CFMB) (GLP-1: $p=0.088$, PYY: $p=0.150$).
707 B) IP₃ assay conducted on transient transfected COS-7 cells expressing either human or rat FFAR2. Acetate,
708 propionate, and butyrate show low-potent partial weak agonism on both human and rat FFAR2 compared
709 to CFMB, which is a full agonist towards FFAR2 C) Vascular infusion of 10 μ M FFAR3 agonist (AR420626)
710 (GLP-1: $p=0.182$, PYY: $p=0.011$). D) Vascular infusion of a 1 mM cocktail solution of acetate and butyrate
711 followed by vascular administration of the same acetate/butyrate cocktail co-infused with 10 μ M FFAR3
712 antagonist (AR399519) (GLP-1: cocktail 34.8 ± 4.7 to cocktail +FFAR3 antagonist 35.6 ± 3.7 fmol/min, $p=0.922$,
713 PYY: cocktail 20.4 ± 2.0 to cocktail +FFAR3 antagonist 25.8 ± 2.1 fmol/min, $p=0.142$). A/C/D) 10 nM bombesin
714 was included at the end of each experiment as a positive control.

715

716 Figure 6: GLP-1 and PYY secretion from the isolated perfused rat colon in the presence of IBMX,
717 mean \pm SEM, n=6 in each group. * indicates significant increase from baseline (* $p<0.05$, ** $p<0.01$,
718 *** $p<0.001$) and Δ indicates significant difference between response values ($\Delta p<0.05$, $\Delta\Delta p<0.01$). A)
719 Vascular infusion of a 1 mM cocktail solution of acetate and butyrate followed by vascular administration of

720 same acetate/butyrate cocktail co-infused with 10 μ M nifedipine (fmol/min) (GLP-1: cocktail 61.3 \pm 6.4 to
 721 cocktail +nifedipine 30.6 \pm 3.3 fmol/min, p=0.045, PYY: cocktail 40.1 \pm 2.5 to cocktail +nifedipine 24.1 \pm 1.9
 722 fmol/min, p=0.043). C) Vascular infusion of a 1 mM cocktail solution of acetate and butyrate followed by
 723 vascular administration of same acetate/butyrate cocktail co-infused with 250 μ M diazoxide (fmol/min)
 724 (GLP-1: cocktail 84.6 \pm 8.7 to cocktail +diazoxide 22.5 \pm 3.5 fmol/min, p=0.004, PYY: cocktail 42.7 \pm 2.9 to
 725 cocktail +diazoxide 13.6 \pm 0.9 fmol/min, p=0.003). E) Vascular infusion of a 1 mM cocktail solution of acetate
 726 and butyrate followed by vascular administration of same acetate/butyrate cocktail co-infused with 10 μ M
 727 2,4-dinitrophenol (fmol/min) (GLP-1: cocktail 56.6 \pm 6.5 to cocktail +2,4-dinitrophenol 24.2 \pm 2.4 fmol/min,
 728 p=0.007, PYY: cocktail 36.3 \pm 4.8 to cocktail +2,4-dinitrophenol 14.5 \pm 1.3 fmol/min, p=0.021). B/D/F) Baseline
 729 subtracted total GLP-1 and PYY output during 5 min (1st: min 12-16, 2nd: min 47-51) of infusion. A/C/E) 10
 730 nM bombesin was included at the end of each experiment as a positive control.
 731
 732 Table 1: EC₅₀ and E_{max} values for the FFAR2 agonist (CFMB) as well as for acetate, propionate, and butyrate
 733 on both human and rat FFAR2.

Figure 1

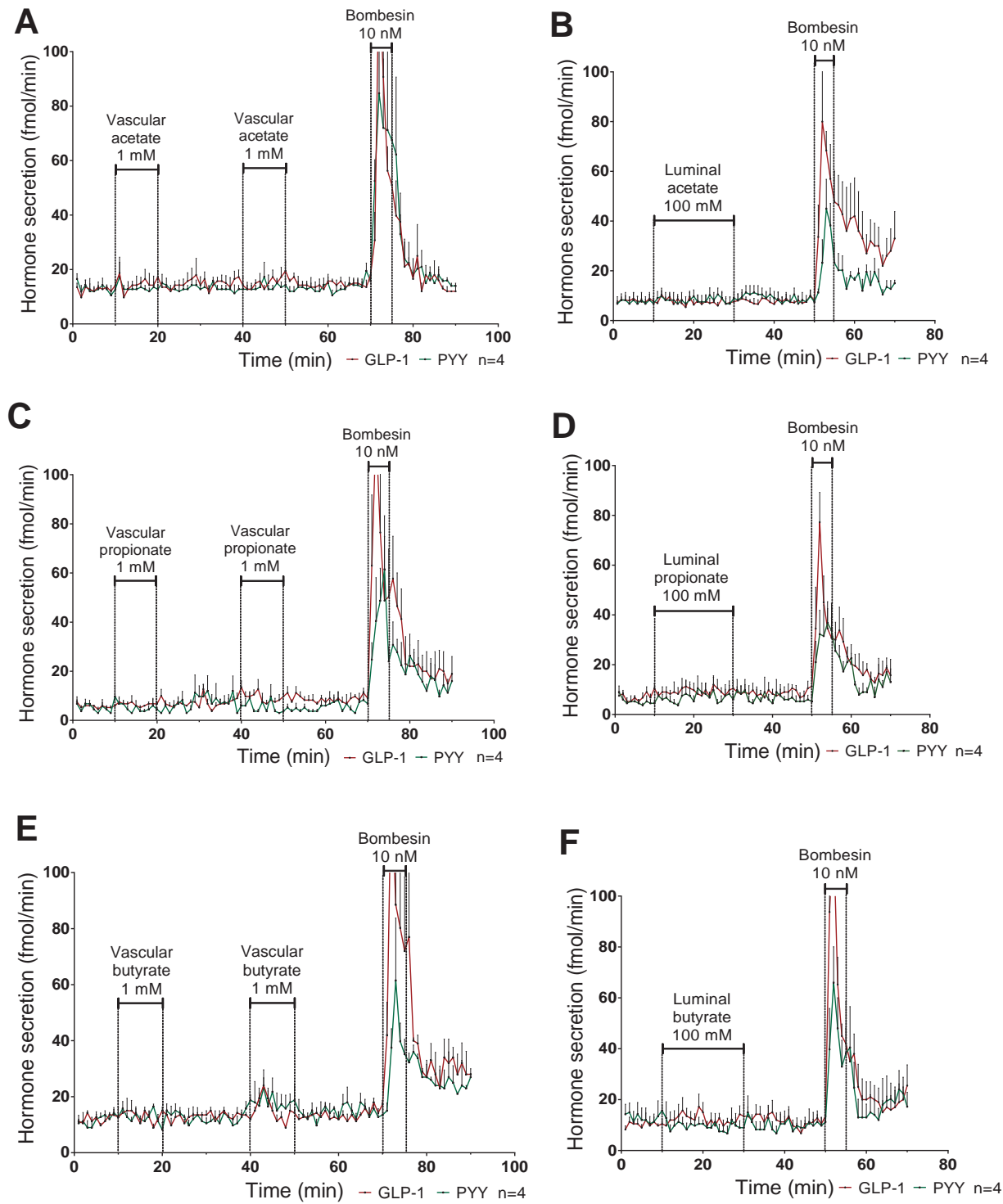


Figure 2

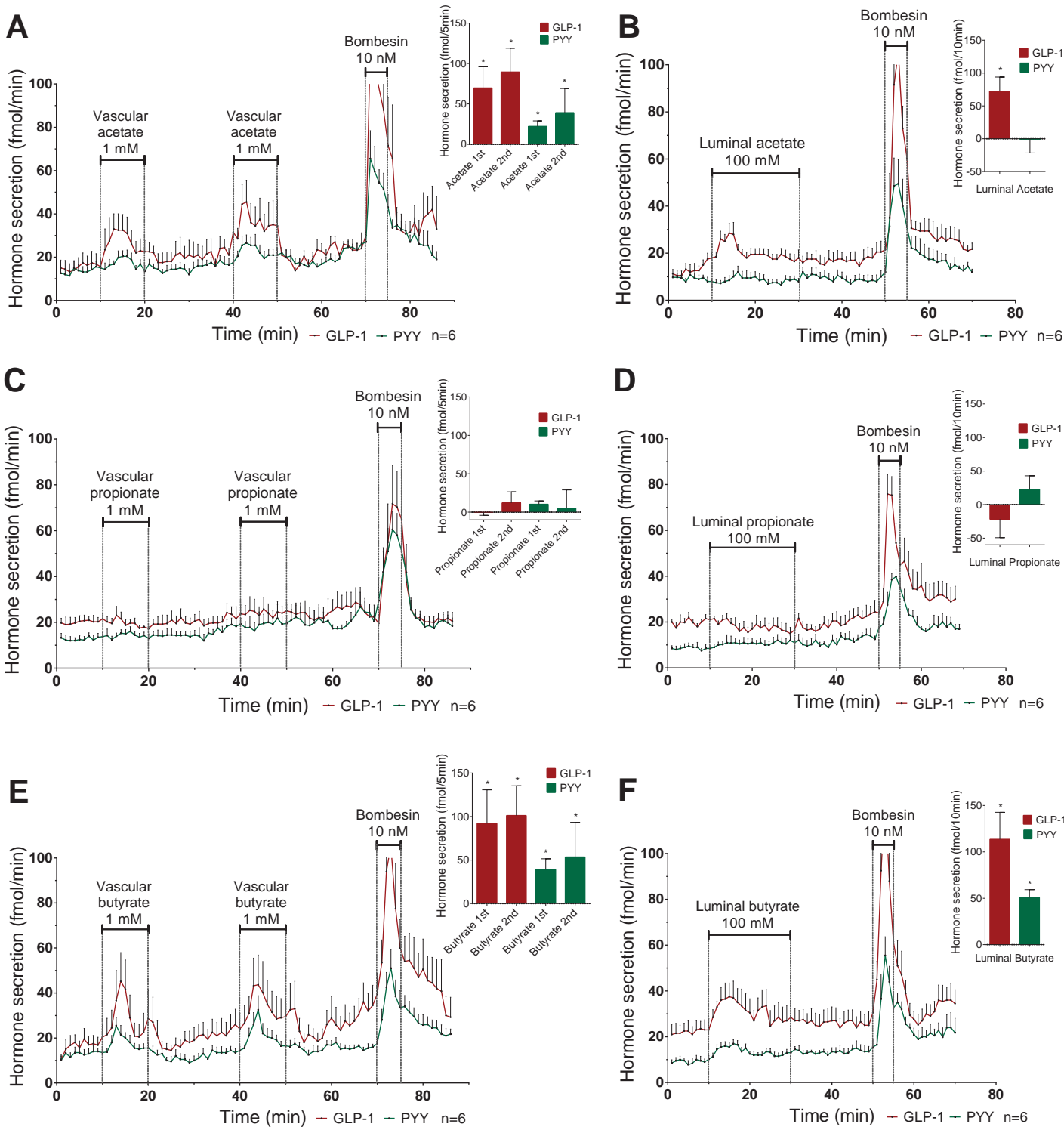


Figure 3

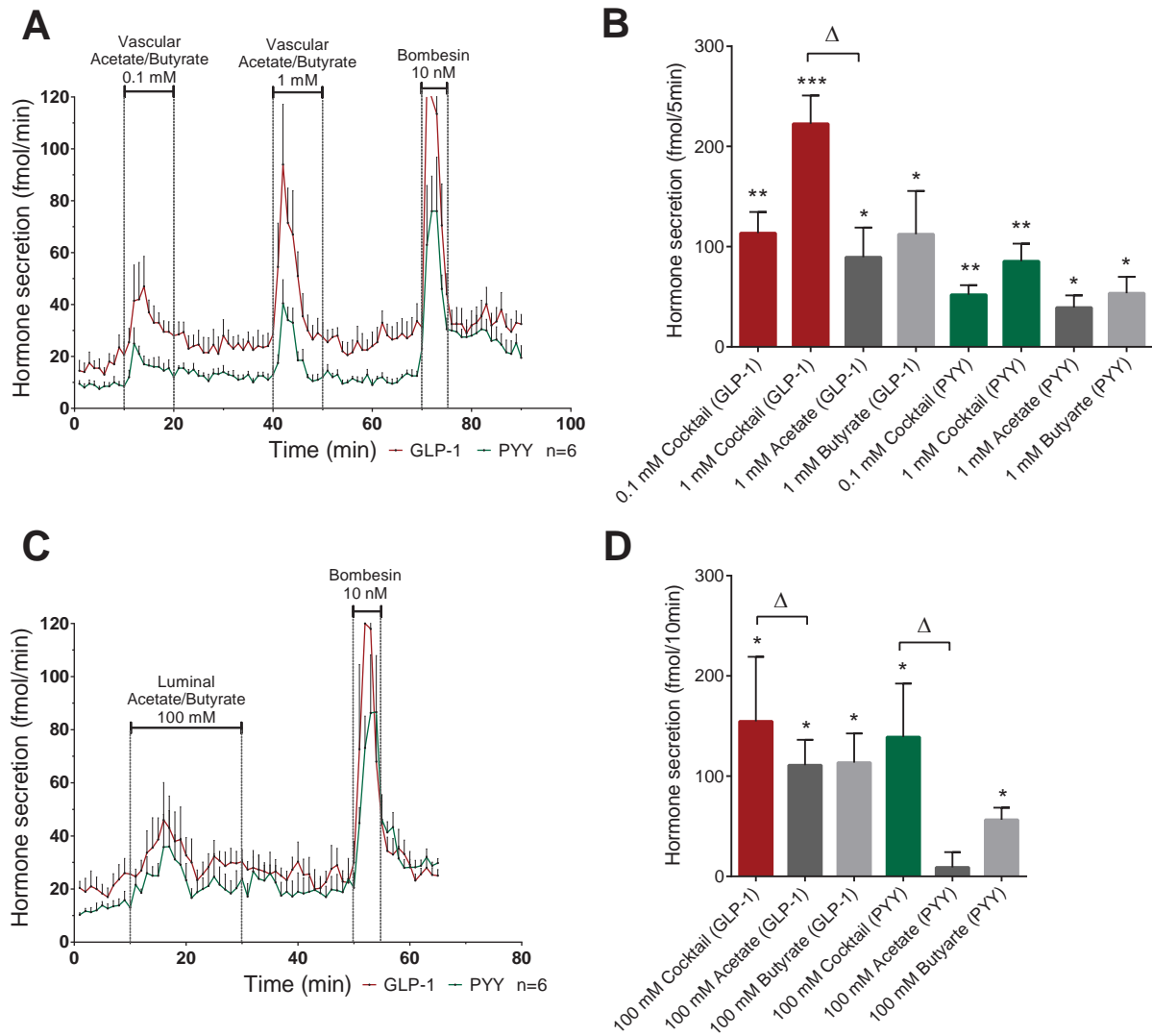


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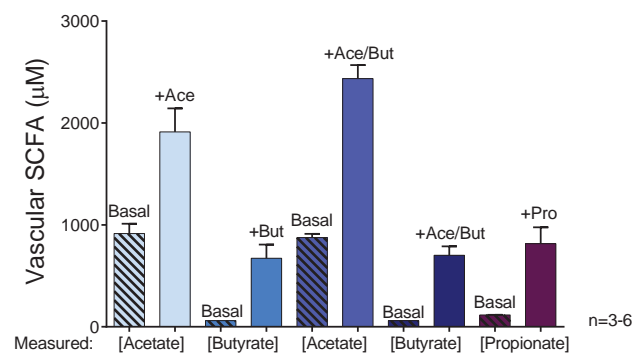


Figure 5

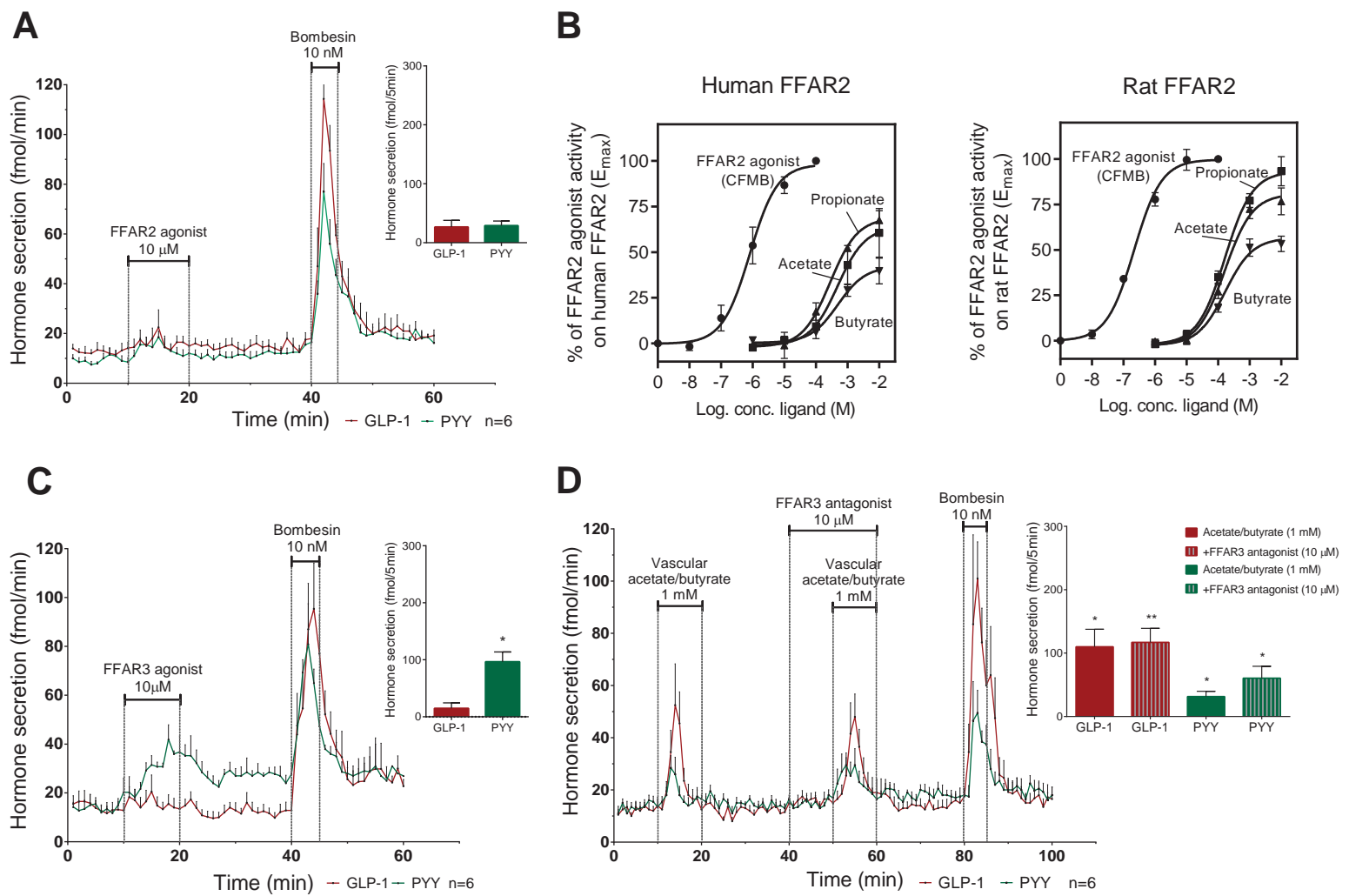


Figure 6

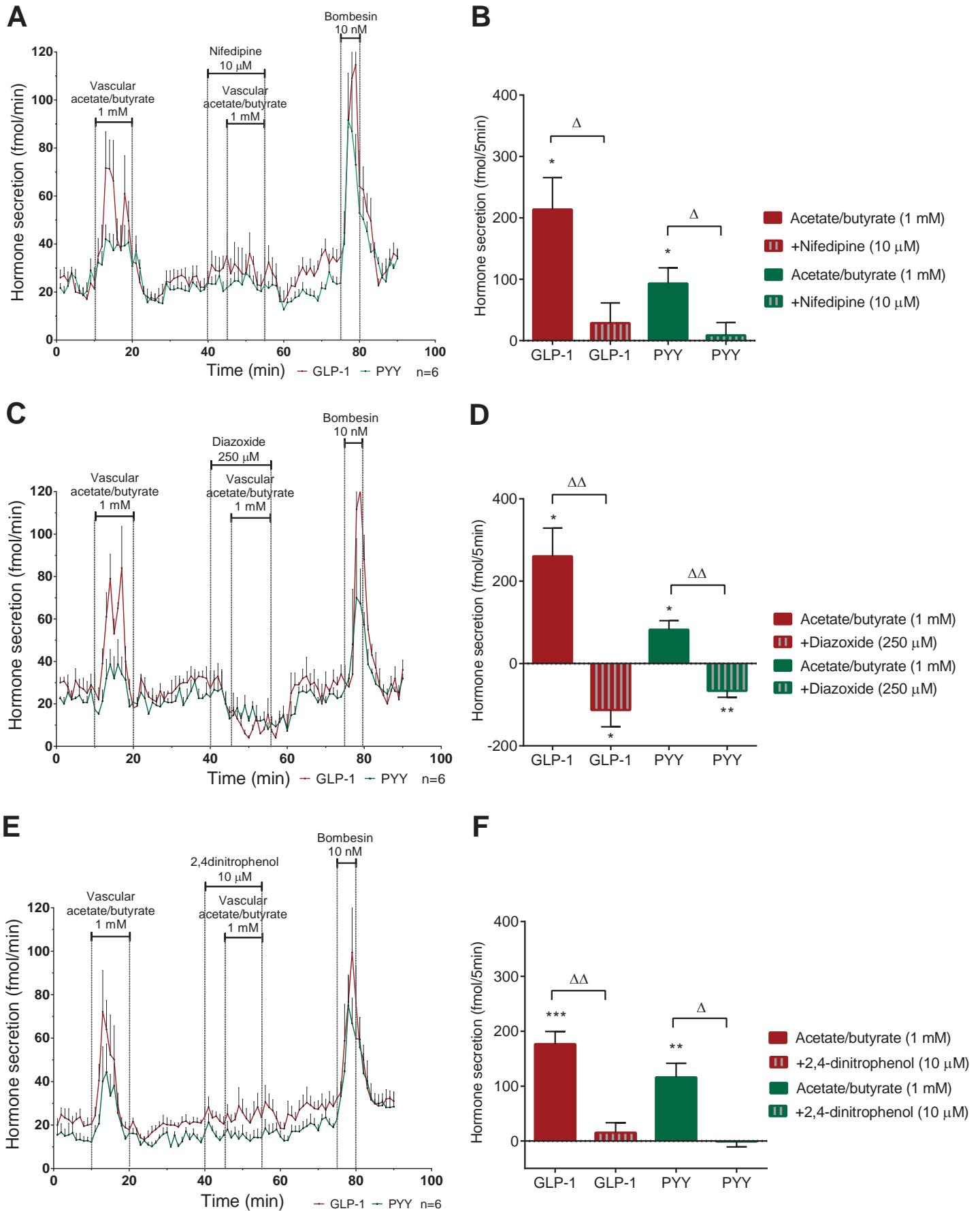


Table 1

	Human FFAR2						Rat FFAR2					
	Log (EC ₅₀)	±SEM	EC ₅₀ (mM)	E _{max} of CFMB activity (%)	Fold change to EC ₅₀ of CFMB	n	Log (EC ₅₀)	±SEM	EC ₅₀ (mM)	E _{max} of CFMB activity (%)	Fold change to EC ₅₀ of CFMB	n
CFMB	-6.09	0.11	0.0008	100	1	4	-6.66	0.07	0.0002	100	1	3
Acetate	-3.32	0.30	0.48	64	589	4	-3.78	0.12	0.17	81	759	3
Propionate	-3.55	0.15	0.28	69	339	4	-3.78	0.10	0.17	93	759	3
Butyrate	-3.30	0.18	0.50	42	617	4	-3.77	0.13	0.17	57	776	3